



Fire Prevention

Reminders

Smoke alarms save lives. Have someone test them once a month by pushing the test button. Change smoke alarm batteries at least once a year.

Plan and practice your escape from fire and smoke. If possible, know two ways out of every room in your home. Make sure windows and doors open easily. Plan around your abilities.

Give space heaters space. Keep them at least three feet (one meter) away from anything that can burn.

Be kitchen wise. Wear fitted clothing when cooking. Never leave cooking unattended.

If you smoke, smoke outside. Provide smokers with large, deep ashtrays. Wet cigarette butts before throwing them out.

Stop, drop and roll. If your clothes catch on fire: **stop** (don't run), **drop** gently to the ground, cover your face with your hands, and **roll** over and over or back and forth to put out the fire.



Information provided by the National Fire Protection Association (NFPA) and the Centers for Disease Control and Prevention

